From the Principal

I recently had a new family enrol from overseas and they asked about school fees. I replied that we don't have fees but have voluntary contributions of $60. They asked if this was per week and I replied that it was per year. They were pleasantly surprised. These contributions to school mean that we can provide extra resources for our students. This year they have helped us to buy new class sets of an ‘atlas’ that also covers science and history, maths equipment including two sets of stop-watches, science equipment, sports equipment, licenses for computer programs etc etc. They help us to provide extra but necessary resources for the school so we are VERY grateful to parents who have paid these. Could I stress again that they are voluntary but certainly help the school. To say thank you to all our parents who have paid them we will have a draw for a BMX bike (suitable for all ages) at our Lapathon event on the 21st October. Of course if you have forgotten to pay them, you do have a chance to be in the draw by paying them by Wednesday, 19th October. The voluntary contribution to P&C of $50 is also a tremendous help to the school as it helps the P&C to provide funds for the school. This year, reading books, license for Reading Eggs, stickers/ribbons for sports carnivals, student awards, new Year 1 mats etc etc. We also have the same deal with these contributions, a second BMX which will also be drawn at the Lapathon. These contributions really help us, thank you so much to parents who have ‘contributed’.

Parent Help

As this term draws to an end I’d like to take the opportunity to thank all of our parents who have willingly given up their time in many different ways to help our students at school. We know that we have terrific support from our parents but in the last few weeks it has been exceptional, as we have had camps and excursions that simply could not have happened without parent help. Altogether we had around 30 parents helping us on these events. A sincere thank you to all those parents, especially the sleeping over parents at the zoo, your help is very much appreciated. Your continued support has given our teaching staff the confidence and willingness to organise these extra opportunities for our students.

Thank you.

Year 3s Help Acara

Last week the school received a request from The Australian Curriculum, Assessment and Reporting Authority (ACARA) to trial some learning materials in reading and language conventions that they are planning to use in the future. Our Year 3 students in Areas 13 and 14 assisted the ACARA team with this on Wednesday morning.

Best Wishes Mrs McCarthy

Mrs McCarthy, our Year 1 Area 12 teacher, will be leaving us this Friday. Paula has been a wonderful contributor to our school and will be greatly missed. We wish her every joy and happiness as she prepares for motherhood. Mrs Kyanga and Ms Hulme will be sharing the Area 12 class in Term four.
I love this! Reflecting back on our virtues; I was reminded that enthusiasm is part of being persistent. If you are struggling with waking up and dreading the day and wishing you are already back in bed, well, that’s not cool. The first thing we or our children should not be reaching for is our iPad or iPhone; it should be a positive thought that stokes our energy to excel. So what are you enthusiastic about?

It’s important to learn the language of enthusiasm for it gives a chance to change our happiness. Happiness helps us harness the power of our minds and hearts to work together. When what we think, feel and do are in alignment, we naturally live in a state of joy. Being enthusiastic also makes life a lot more fun, its attractive to people, it gives powerful conversation and it gets things done! Here are some tips on how to be enthusiastic:

**Find out what you really like to do** and try to spend more time doing things that interest you (fishing, listening to music, helping others).

**Go deeper, learn more**; if you are not enthusiastic maybe it’s because you do not know enough about the topic/person/job.

**See what’s positive in any situation.** Being positive can change your perspective to a situation and builds on your enthusiasm.

**Get an enthusiastic vibe from other people.** Hang out with enthusiastic people or listen to CDs with enthusiastic people. Enthusiasm is contagious!

Love yourself, love your day, and love your life!

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**CANTEN NEWS**

Congratulations to Michelle Hall for winning the canteen raffle for Term 3. Many thanks to everyone who has helped during the term.

**Canteen Roster**

Friday 23 Sept   Lee
Term 4
Thursday 13 Oct   Lee
Friday 14 Oct   Kylie

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**September 2016**

**Ella**

**Year: 1**

Ella has many amazing qualities which have resulted in her being chosen for this award. She is a respectful and caring student to everyone. She is always considerate to others around her. Ella shows persistence in her work, even when she is finding something difficult. You have been a pleasure to teach, keep up the positive and respectful attitude. You’re a star Ella, keep shining.

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**FREE PARENTING SEMINARS**

You are invited to attend the Triple P Seminar Series. You will learn practical, positive and effective ways to deal with common behavioural problems and ways to help your child achieve their best at school and in the future.

Parents are encouraged to attend all 3 seminars:
- The Power of Positive Parenting
- Raising Confident Competent Children
- Raising Resilient Children

The next FREE 3 week Series is held:

**When:** Commencing 10th November 2016
**Location:** Joondalup

RSVP:
Books are essential and places are limited.

Please visit [https://www.trybooking.com/MUVB](https://www.trybooking.com/MUVB) to book your place or call 9400 9551.

To find other available programs visit our website [www.healthywa.wa.gov.au/Triple_P](http://www.healthywa.wa.gov.au/Triple_P)

There is also a course starting in Kingsway on 7 November 2016. Please call the above number for bookings.

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**REMINDER**

**LOST PROPERTY**

We still have a large number of un-named jumpers and other items in the lost property. They will be in the undercover area on Friday morning until recess. If you are missing anything please come and look through them. Anything not claimed after Friday will be recycled.