

## Dear Parents

As we come to the last newsletter of Term 3 I would like to draw your attention to the Term 4 planner attached to this newsletter. We have a busy Term 4 ahead and look forward to the culmination of a years worth of learning which will be shared with our community at the Learning Journey on the 5 December. Many families have spoken to me during the year about a Christmas Concert and we will be combining this with our Learning Journey on the night. More details to follow next term but save the date as we would love to see our whole community in attendance.

## NAPLAN Student Reports

On Monday we will be sending home NAPLAN reports with the children in Years 3 and 5. I encourage you to discuss the areas your child has done well in and areas of the curriculum which may be a goal for improvement. It is important to remember that NAPLAN provides the school with data to help us monitor and improve our teaching and learning programs but for individual children it is one test on one day. For many of you the report should reflect what you already know about your child's achievement but if you have concerns about any of the test scores then I encourage you to make an appointment with the class teacher to discuss their progress and achievement in all learning tasks.

## Visitors to the School

From the start of Term 4 we will be introducing an electronic sign in system for visitors to our school. It is important that we are continuing to assess our processes in the efforts of improving safety. All visitors to the school site during the school day, including parents, need to sign in. As part of this improvement to safety we ask that parents do not enter the back door into the Admin building. All visitors need to enter the front entrance on arrival to the office. The back door will be for staff and students only.

## School Survey

A reminder that our survey closes next Friday 27 September. So far we have had close to 50 responses but the more families that provide feedback the better placed we are to address the needs of the Springfield Community. If you have not already done so please follow the link below to complete the community survey.

<https://www.schoolsurvey.edu.au/s/eNVjNGCQ>

## Play Videos

Last term the Office of Early Childhood filmed the Springfield children in play based learning. They have created 3 videos which we feature in. They are a great representation of some of the excellent learning through play both here and in 3 other schools across the state. As these videos have been created for training purposes I am unable to post them for general viewing but we can show them within our school community. I will show them at coming assemblies, at Transition to Kindy and they will be playing during our Learning Journey. The children thoroughly enjoyed the filming process.



Vanessa Blythe, Principal



## Friday 20 September

Area 5 Assembly

P&C Lunch Day

Wellness Day Activities

## Friday 27 September

Assembly Areas 17/18

Last Day of Term

## Monday 14 October

First Day of Term 4

## Wednesday 23 October

Yr 5 Belridge French Lunch

## Thursday 24 October

Yr 1 Excursion Kings Park

## Friday 25 October

French Assembly

## Wednesday 30 October

PP Excursion to Whitfords Library

P&C Meeting 1.30pm

## Friday 1 November

P&C Disco

## Monday 4 November

Board Meeting 7.30pm

## Friday 8 November

Area 9 Assembly

# Your mental health is important!

With the Wellness Day approaching here at Springfield Primary School, I thought I would reflect on the importance of Mental Health. Head Space has a valuable website with great tips on how to keep healthy. Some tips are to:

- Get enough sleep
- Eat well
- Drink plenty of water
- Do things you enjoy and are important to you.
- Stay active
- Connect with friends, family and people within the community



It is also important to reach out and talk to others when you are experiencing hardship. Lifeline provides free support and counselling 13 11 14. I am also available on Mondays and Fridays for any concerns you may have regarding yourself or family members. A problem is always halved when shared with someone!

Another good method is to teach your children how to identify how they are feeling in a situation and label that feeling. This helps with their resilience. Always encourage communication within the household and take time to listen and show you care. Please do the same for yourselves!

Be safe over the upcoming long weekend and holidays. Stay connected and remember...talking to trusted others is invaluable.

## WELLNESS DAY!

**On Friday the 20<sup>th</sup> September the year sixes will be holding a wellness day event for the whole school.**

**Parents, feel free to come along to our school and join us for lunch and stay for the afternoon's activities with your kids.**

**There will be fun activities, relaxation and some fruit and veggie stalls. In the morning at assembly the Year Six children will be presenting some information about mental and physical wellbeing.**

**Please bring a gold coin donation and wear the colours of your favourite sporting team.**

**Times: PP - Year 2: 1.45 to 2.10pm  
Year 3 - 5: 2.15 to 2.40pm.**

**So come along and hopefully we will see you there!**

**By Zack, Shae and Tane.**

## AREA 5 POETRY

In keeping with the Wellbeing theme, our Year 6 students have been writing some free form poetry:

### **CONTINUE ON**

Every day when I wake up, I feel  
hopeless, lonely, and unnoticed

Every day when I walk through  
the streets, I am surrounded by  
darkness and despair.

Until, there it is, a bright  
glimmering light... Giving  
Everyone and me hope... Telling me  
to **Continue on**



By Liam

### **Light Up**

You start giving in to  
negativity  
UNTIL... You see a candle  
light up, far,  
but not too far away, and as  
you get closer  
your world starts to light up.  
Once you are  
there,  
The world is full of  
Positives and joy.



By Ben

### **Not Everything is Bad**

You wake up with nothing to look forward to.

**Boredom, loneliness** is all you see.

You **YELL** and **SCREAM** but all you hear is your own **echoes**.

You see **DARKNESS** taking over the world.

**UNTIL...**

You open your  
eyes  
and see you are the best  
person  
and always was.

By Cayde



# Spring Art

Spring has sprung and there's no greater way to celebrate the magnificent weather by relaxing outdoors doing art. The Year 4 students are very involved in recognising our school bird population by creating a paper mâché bird. We have many different bird species that have made Springfield their home and at this time of the year they are very busy fluttering around collecting insects and other different food varieties for their chicks.

Some are still building their nests and collecting bits and pieces around the school. I wouldn't be at all surprised if a child's school hat has been turned into a cosy nest somewhere. We have identified willy wagtails, parakeets, kookaburras, grey butcher birds, mudlarks, pigeons, small doves, wattlebirds, honeyeaters, pink and grey galahs, corellas, crows and of course magpies. From time to time we have other different birds popping in to visit as well, like the red tail black cockatoos, ibises, ducks and boobook owls. All in all creating a pleasant symphony of different tunes.

Art and nature, a perfect combination.

Happy Spring time,  
From all the Springfield children.



## PALS YARNING CIRCLE

Our PALS yarning circle is well under way and the year 6 students have been busily helping to dig trenches for the reticulation, mulch the area, condition the soil and plant some plants. We still have a long way to go but things are taking shape. Thank you to Kirsti Wardlaw and Mr Rayfield who have been helping with the project.



The area  
before  
work began

Measuring  
and planning  
the garden



Planting





Week 9 P&C Special Lunch – Friday 20th Sept

# BBQ & Bake Sale

*Supporting the whole school wellness event*

Burger and sausage sizzle to be purchased via Qkr!  
Cakes can be purchased on the day

Donations of baked goods and help on the day is required, please  
check the P&C facebook page for more details or email  
[springfieldfundraising-pc@hotmail.com](mailto:springfieldfundraising-pc@hotmail.com)

**Remember to bring a gold coin donation and  
money to purchase from the cake stall.**



## MULTI SPORTS OCTOBER HOLIDAY CAMP

Prizes and awards  
to be won!!!

Children aged 4 – 12 years Price: \$30 per day or \$120 for the full week



### WEEK 1

#### NORTH BEACH PS

MON 30 SEP - FRI 4 OCT

Time - 9am - 3pm

Venue - North Beach Primary School

Meeting Point - Undercover Area

#### SPRINGFIELD PS

MON 30 SEP - FRI 4 OCT

Time - 9am - 3pm

Venue - Springfield Primary School

Meeting Point - Undercover Area



### WEEK 2

#### NORTH BEACH PS

MON 7 OCT - FRI 11 OCT

Time - 9am - 3pm

Venue - North Beach Primary School

Meeting Point - Undercover Area

#### SPRINGFIELD PS

MON 7 OCT - FRI 11 OCT

Time - 9am - 3pm

Venue - Springfield Primary School

Meeting Point - Undercover Area



### PLEASE NOTE:

Should severe weather conditions be forecast, Carine Senior High School Gymnasium will replace North Beach Primary School as the venue. We will notify families 24 hours prior should this change need to take place.



**SOCCER**  
**AFL**  
**NETBALL**  
**TENNIS**  
**HOCKEY**  
**KINGBALL**  
**CRICKET**

**SPORTS INCLUDE:** **VOLLEYBALL**  
**CAPTURE THE FLAG**  
**DODGEBALL**  
**GLADIATORS**  
**JAIL BREAK**  
**BASKETBALL**  
**HEAD CATCH**

Please bring a packed  
lunch, drink, hat  
and sunscreen



**AND MANY MORE!!!**

**PLEASE NOTE THERE ARE LIMITED SPACES AVAILABLE SO BOOK AHEAD TO ENSURE YOUR SPOT**

Email: [fb@mbasportscoaching.com](mailto:fb@mbasportscoaching.com) - Call: 0467 156 964

[www.mbasportscoaching.com](http://www.mbasportscoaching.com)



# ***HELP NEEDED***

THE P&C ARE LOOKING TO  
FORM A WORKING GROUP  
TO DISCUSS THE FUTURE  
OF THE CANTEEN

IF YOU ARE INTERESTED IN JOINING  
PLEASE EMAIL GEMMA

SPRINGFIELDFUNDRAISING-PC@HOTMAIL.COM



# TERM 4 PLANNER 2019

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	14 OCT	15	16	17	18
2	21 French Week	22	23 Year 5 Belridge French Lunch	24 Year 1 Excursion to Kings Park	25 French Assembly
3	28	29	30 PP Excursion to Whitfords Library. P&C Meeting 1.30pm	31	1 NOV P&C Disco
4	4 Board Meeting 7.30pm	5	6	7 Outdoor Classroom Day	8 Area 9 Assembly
5	11	12 Year 3/4 Perth Zoo Excursion	13 Transition to Kindy	14 Area 17 Woolworths Excursion	15 Interschool Cricket A18 Woolworths Excursion
6	18	19	20	21	22 Music Assembly
7	25 Beach Swimming Yr 5 & 6	26 Beach Swimming Yr 5 & 6	27 Beach Swimming Yr 5 & 6 Transition to Kindy Open Board & P&C Meeting	28 Beach Swimming Yr 5 & 6 Area 5 Expo Excursion	29 Beach Swimming Yr 5 & 6
8	2 DEC Beach Swimming Yr 5 & 6	3 Beach Swimming Yr 5 & 6	4 Beach Swimming Yr 5 & 6	5 Beach Swimming Yr 5 & 6 Learning Journey and Christmas Concert	6 Beach Swimming Yr 5 & 6
9	9	10	11	12	13 Book Awards Assembly
10	16	17	18 Year 6 Graduation am Graduation Lunch	19 Last Day of Term 4	20